



READY

Be prepared. Be aware. Be involved.

www.ReadyOC.org

Being Ready Starts with You!

Being ready for any type of emergency is as simple as planning ahead. Just like having a working smoke detector in your home or business, having an emergency supply kit and developing a family communications plan will put the tools you may need at your fingertips, no matter where you are in an emergency.

1

Create a Plan

Your family and loved ones may not be together in the event of an emergency, so plan now how you will contact one another and review what you will do in different situations.

- Meet with your family, share responsibilities and work together as a team.
- Discuss what to do in each type of emergency.
- Pick two places to meet:
 - Right outside your home.
 - Outside your neighborhood in case you can't return home.
- Write down important information about your family's health, like each person's blood type, allergies, pre-existing medical conditions and current medications.
- Ask an out-of-state friend to be your "family contact."
- Plan how to take care of your pets.



2

Make a Kit

Just like having a working smoke detector, having emergency supply kits will put the tools you may need at your finger tips.

Keep the items that you would most likely need during an emergency in an easy-to carry container:

- Water
- Non-perishable food
- First aid supplies
- Battery operated radio & batteries
- Flashlight & batteries
- Medications (2 week supply of prescription medications)
- Clothing and bedding
- Tools and emergency supplies
- Sanitation and personal hygiene
- Important family documents
- Cash and change
- Specialty items for babies, pets and important medical needs



3

Be Involved

Be involved in your community and at work by spreading the word about being ready. Working with neighbors and co-workers can save lives and property.



In your community

- Meet with your neighbors to plan how the community could be ready for an emergency.
- Introduce emergency preparedness as a new activity at your neighborhood organization.
- Know your neighbors' special skills (e.g., medical, technical).
- Consider how you could help neighbors who have special needs, such as disabled and elderly persons.
- Attend CPR and first aid training.

At work

- Make sure your business has an updated plan and emergency kit.
- Contact your local emergency professionals and organizations on how to be better prepared.
- Disseminate Ready OC information to all employees.
- Inform your customers and clients about the need to prepare.

Being ready starts

with you, but it

also takes everyone

working together

to make our

communities safer.



Be prepared. Be aware. Be involved.

Orange County can face any type of emergency - from earthquakes, floods, landslides and fires to tsunamis, man-made threats and disease outbreaks. We all need to know how to respond and prepare to help our own household or business take control of any emergency situation.

The Ready OC campaign is an educational program informing residents and businesses about the importance of preparing for any kind of natural or man-made disaster. Working together, everyone can make a difference in creating awareness, motivating preparedness and encouraging involvement.

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Materials prepared by:



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For detailed information, please go to:

www.ReadyOC.org



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Your Guide to
Emergency Preparedness

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